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## COMPACT SLOT BASED MICROSTRIP PATCH ANTENNA FOR WEARABLE APPLICATIONS

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### ABSTRACT

In this study, a slot-based micro strip antenna for wearable applications is designed, simulated, and manufactured on a FR4 substrate. The antenna has a rectangular patch with a slot in the middle to achieve impedance matching and radiation efficiency. It is made to function in the 5 GHz ISM band. Standard PCB manufacturing procedures are employed to create the antenna, and the FR4 substrate material was selected for its affordability and availability. This work conducts in-depth literature research to design patch antennas for wearable applications. Using the Ansys Hfss Package, a slot-based microstrip patch antenna for use at 5 GHz is built based on the findings from the data acquired in the survey. To obtain the desired radiation properties, the Patch has many U-slots. On a FR4 EPOXY substrate with a 4.4 dielectric constant, the suggested antenna is constructed. For the suggested antenna, a number of antenna properties, including return loss, radiation pattern, bandwidth, directivity, antenna gain, radiation efficiency, etc., are studied. The suggested antenna has a reflection coefficient of less than -30 dB at 5 GHz. At resonance, the antenna generates a gain of 2.08 db.

**Keywords:** On-body Applications, Wireless Communications, Wearable Application, High Gain, Wearable Antenna, U Slot Microstrip Patch.

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### 1. INTRODUCTION

The antenna is the component of a wireless infrastructure that is physically most visible. Every form of communication, including radio, LAN, and other forms, requires an antenna. Sending and receiving crystal-clear signals between various wireless locations is the antenna's primary function. An functional and efficient wireless network cannot run without antennas, it can be said with confidence. For indoor, outdoor, and wireless networks at work or home, a decent antenna offers a professional alternative for wireless connectivity. There are a vast variety of antenna types with different specifications. Therefore, in order to select an antenna that is best suited to your wireless needs, it is crucial to understand the three key characteristics of an antenna: frequency, beam width, and gain.

The development of so-called "smart clothes" has increased interest in wearable wireless technologies in recent years. In the future, the garment will make it easier for people and objects to communicate. Making the electronics undetectable to the user is the main difficulty in constructing wearable antenna. Another important factor is how well the antenna performs under mechanical solicitation, in working conditions, and during operations like washing and ironing. The wearable antenna also operates near or in direct contact with the human body, which has a substantial impact on the performance of the antenna. The capability of wearable technology to deliver wireless communications from or to the body via conformal and wearable antennas is one of its most crucial features. These antennas' design strategy may be quite different from that of ordinary antennas because they must be installed on the body. As a result, the antenna's fabric was strong, flexible, and wearable, making it suitable for use in clothing. For body-centric communications, wearable antennas are frequently employed in body area networks (BAN) and personal area networks (PAN). Many specialized occupational groups, including the military, paramedics, and firefighters, use body-centric communication systems. The antenna is a viable option for wearable applications due to its small size, low price, and excellent performance. The antenna is simple to incorporate into a wearable device and can provide a reliable 5 GHz ISM band connection. This study provides a substantial addition to the design of wearable antennas by demonstrating the potential of slot-based micro strip antennas on FR4 substrates for a variety of wearable applications. Due to their low profile, simplicity of integration, and excellent radiation efficiency, microstrip patch antennas have gained popularity for wearable applications. Microstrip patch antennas can be used in a variety of wearable technology applications, including medical sensors, smart watches, fitness trackers, and other wearable health monitoring devices. The antenna, which provides a dependable 2.4 GHz ISM band connection, can be fitted into the design of the device. Sports: Microstrip patch antennas can be used to offer dependable communication between the device and the user's smartphone or other devices in wearable sports gadgets such smart helmets, chest straps, and armbands. For connection and data, wearables like smart glasses and virtual reality headsets can make use of microstrip patch antennas.

## 2. U SLOT ANTENNA DESIGN

The following specifications are intended for a wearable application of a microstrip patch antenna with U-slots employing FR4 EPOXY. To get the desired results, the patch concept is employed as a trial-and-error technique. The National Electrical Manufacturers Association (NEMA) established the FR4 standard for an epoxy resin laminate with glass fibre reinforcement. A substance is said to be "flame retardant" (FR) if it meets with the UL94V-0 standard for plastic materials' flammability.

Equation (1) is used to calculate the radiating rectangular patch antenna's parameter width.

$$W = \frac{c}{2f_r} \sqrt{\frac{2}{\epsilon_r + 1}} \quad (1)$$

Equation (2) is used to calculate the rectangular patch antenna's effective dielectric constant.

$$\epsilon_{eff} = \frac{\epsilon_r + 1}{2} + \frac{\epsilon_r - 1}{2} \left( \frac{1}{\sqrt{1 + \frac{4h}{W}}} \right) \quad (2)$$

The effective length is specified at the resonance frequency is determined from equation (3):

$$L_{eff} = \frac{c}{2f_r \sqrt{\epsilon_{eff}}} \quad (3)$$

Equation (4) is used to calculate the rectangular patch antenna's extension length.

$$\Delta L = h * 0.412 * \frac{(\epsilon_{eff} + 0.3) \left( \frac{W}{h} + 0.264 \right)}{(\epsilon_{eff} - 0.258) \left( \frac{W}{h} + 0.8 \right)} \quad (4)$$

Equation (5) is used to get the rectangular patch antenna's length "L":

$$L = L_{eff} - 2 \Delta L \quad (5)$$

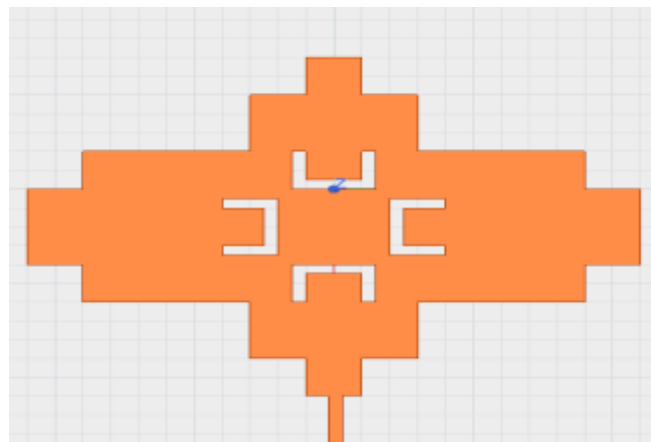


Fig-1. Microstrip patch antenna in top view with U-slot

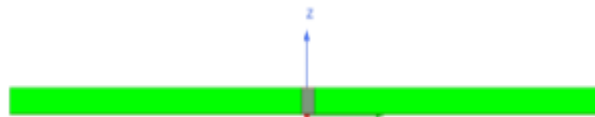


Fig-2 Microstrip patch antenna side view with inset feed

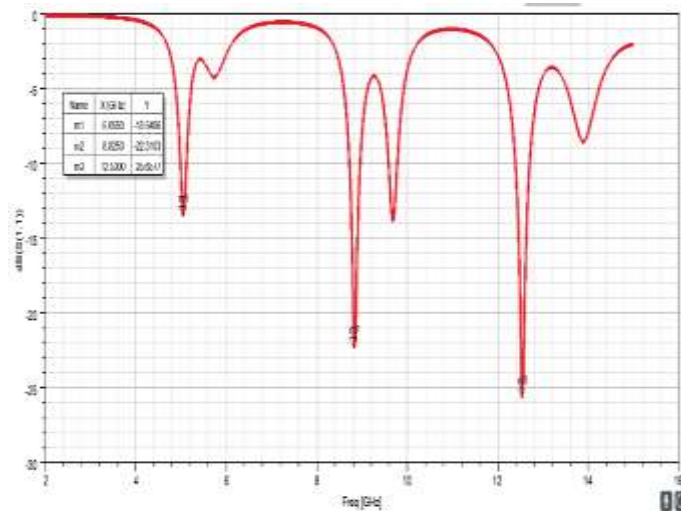
TABLE 1. THE PROPOSED ANTENNA'S PARAMETERS

Parameter	Value	Parameter	Value
Wp	18mm	Wg	23.5mm
Lp	22mm	Lg	24mm
Ts	1mm	Lf	2.6mm
Ws	23.5mm	Wf	0.5mm
Ls	24mm	DC	4.4

Table 1. Depicts the precise measurements of the intended U-slot antenna. The overall size of the suggested antenna, including the ground plane, which is 23.5 mm x 24 mm, is only 18 mm x 22 mm x 1 mm.

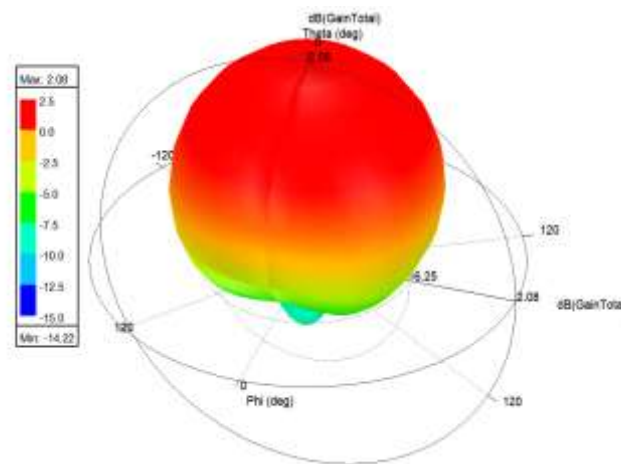
### 3. RESULTS ANALYSIS

**A. RETURN LOSS:** Fig. 3 shows the predicted return loss of the proposed wearable antenna. The proposed wearable multiband antenna's resonance frequencies are at 5 GHz (return loss: 13.5406), 8.8 GHz (return loss: 22.3103), and 12.5 GHz (return loss: 25.6577). The ability of the planned antenna to match impedance is evaluated using its reflection coefficient. The antenna's 5 GHz reflection coefficient is estimated to be -30 dB.



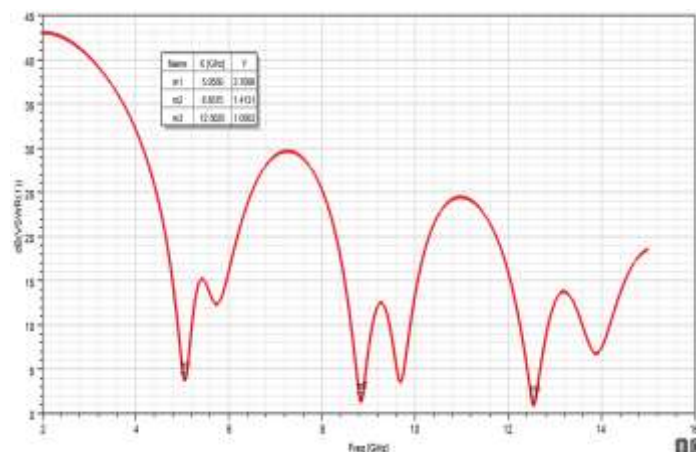
**Fig 3-** Return loss for the intended antenna

**B. GAIN:** Figure 4 shows the suggested antenna's 3-D design, which shows an extraordinarily directional radiation pattern with a total gain of 2.08 dB.

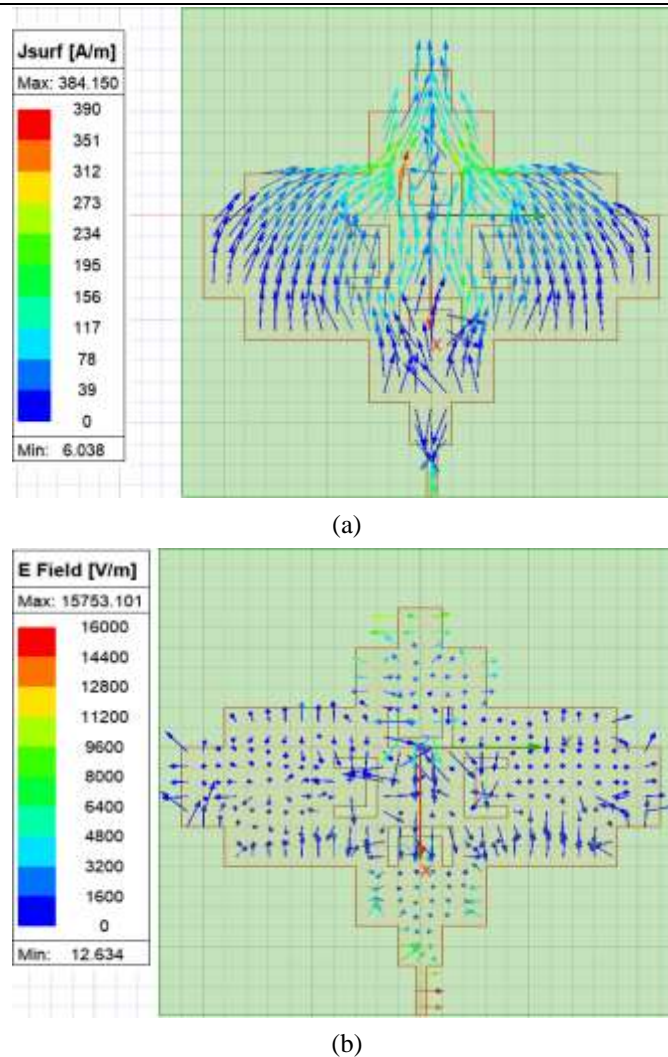


**Fig. 4.** The proposed antenna's simulated 3-D pattern used to calculate gain.

**C. VSWR:** It is anticipated that the voltage standing wave ratio will be 1. Figure 5 below displays the VSWR for three different frequencies: 3.7 at 5 GHz, 1.4 at 8.8 GHz, and 1.05 at 12.5 GHz. It appears to improve as the frequency rises.



**Fig 5-** The proposed antenna's VSWR



**Fig 6.** The simulated current and electric field distributions for the proposed antenna

#### 4. CONCLUSION

Ansys planned and simulated the requested work using HFSS to solve electromagnetic structures. A trade-off between bandwidth and gain must be made because wearable antenna gain is often low due to human body losses. U slotting is used to boost the antenna's gain while decreasing its size because smaller antennas are required at higher frequencies. This makes the antenna lightweight and small enough to be worn on the body for wireless body area network applications. With a return loss of -30 dB and a VSWR of 1.2, the gain for this suggested antenna is 6 dB. Due to its small aperture area, the wearable antenna experiences higher losses, making it challenging to increase its gain in a particular desired direction without enlarging the antenna aperture.

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