

SIGN TO TEXT CONVERSATION USING ARDUINO

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ABSTRACT

This paper presents a low-cost flex-powered gesture detection system that utilizes flexible sensors to detect and interpret hand gestures for various applications. The system employs a combination of flexible resistive sensors, microcontrollers, and signal processing algorithms to recognize specific gestures based on changes in the sensor resistance as the hand or fingers bend. The low-cost nature of the system makes it highly accessible and scalable, with potential applications in areas such as healthcare (for prosthetic control and rehabilitation), gaming (for intuitive user interfaces), smart home automation (for hands-free control of devices), and assistive technology (for people with disabilities). The system's flexibility and compact design enable its integration into wearable devices and interactive environments, offering an affordable yet effective solution for gesture recognition. Through experimentation and testing, the system demonstrated high accuracy and responsiveness, highlighting its potential to revolutionize gesture-based control in various domains while maintaining cost-effectiveness.

1. INTRODUCTION

Gesture detection systems enable intuitive, hands-free interaction and are used in HCI, assistive technology, gaming, and home automation. Traditional solutions, often reliant on cameras or expensive sensors, are costly, bulky, and complex. A low-cost flex-powered gesture detection system provides an affordable, lightweight, and compact alternative by using resistive flex sensors to detect finger and hand movements through resistance changes. Integrated with microcontrollers and signal processing algorithms, these sensors can be embedded in gloves, wristbands, or wearables for adaptable and seamless use.

Compared to vision-based or capacitive systems, this approach offers lower cost, ease of implementation, and versatility. Applications include healthcare (prosthetic control, rehabilitation), smart homes (gesture-based appliance control), gaming (immersive interaction), and assistive technology (accessibility for individuals with disabilities). Its comfort, adaptability, and scalability make it suitable for both personal and commercial environments.

Problem Statement

The growing demand for intuitive, hands-free control in healthcare, gaming, smart homes, and assistive devices exposes limitations in current gesture detection solutions, which are often expensive, rigid, and complex. Vision-based and capacitive systems require costly hardware, high computational power, and specific environments, limiting accessibility and portability.

The challenge is to design a low-cost, accurate, and wearable gesture detection system that is comfortable, portable, and adaptable for various applications. This research proposes a flex-powered system using flexible resistive sensors embedded in wearables to detect resistance changes during gestures. The system aims to be affordable, scalable, and capable of real-time operation, serving diverse applications such as prosthetic control, home automation, gaming, and assistive technologies.

Thesis Organization

This thesis has six chapters:

- Chapter 1 – Introduction, motivation, and objectives.
- Chapter 2 – Review of existing gesture detection technologies and identified gaps.
- Chapter 3 – System design using flexible resistive sensors, microcontrollers, and signal processing.
- Chapter 4 – Implementation, including hardware integration, software development, and solutions to challenges.
- Chapter 5 – Real-world applications in healthcare, smart homes, gaming, and assistive technology.
- Chapter 6 – Conclusions and future scope.

2. METHODOLOGY

The development of the low-cost flex-powered gesture detection system follows a structured process from concept to

application testing.

Problem Definition & Objectives

Identify the need for a low-cost, wearable, and intuitive gesture detection solution for applications in healthcare, smart homes, gaming, and assistive technologies. Objectives include minimal hardware usage, comfort for continuous wear, and adaptability across applications.

System Design Select components:

- Flex Sensors – detect resistance changes when bent, embedded in wearables.
- Microcontroller – processes sensor data (e.g., Arduino, Raspberry Pi).
- Signal Processing Algorithms – map resistance patterns to gestures (e.g., fist, open hand).

Hardware Development

Integrate sensors into wearables with optimized placement, compact circuitry, and efficient power supply (rechargeable or low-power design) for portability and long battery life.

Software Development & Gesture Recognition

- Collect and digitize sensor data.
- Filter noise for accuracy.
- Map resistance thresholds to gestures; optionally use machine learning for improved classification.
- Send recognized gestures to connected applications for real-time feedback.

Prototyping & Testing

Build and test prototypes in controlled and real-world environments. Gather user feedback, refine comfort and performance, and calibrate sensitivity for different users.

Application Integration Deploy in:

Healthcare – prosthetic control, rehabilitation exercises.

- Smart Homes – gesture-based appliance and lighting control.
- Gaming – immersive interaction.
- Assistive Tech – enabling device control for individuals with disabilities.

Performance Evaluation

Assess accuracy, precision, comfort, and cost-effectiveness. Optimize design for scalability and affordability.

Future Enhancements

Incorporate machine learning for complex gesture recognition and wireless connectivity for IoT integration.

3. MODELING AND ANALYSIS

The working principle of a low-cost flex-powered gesture detection system is based on the use of flexible resistive sensors that detect bending or flexing movements of the hand or fingers. The system captures these movements by measuring the change in electrical resistance of the flex sensors as they are deformed, translating them into recognizable gestures. Below is a detailed explanation of how the system works:

Hardware Layer

- **Flex Sensors** – Core resistive components that change resistance when bent. Embedded into flexible materials (e.g., elastomers, textiles) for wearable integration such as gloves or wristbands. Greater bend results in higher resistance change.
- **Sensor Integration** – Strategic placement of sensors based on gestures to be detected. In gloves, each sensor may correspond to a finger; multiple sensors may detect complex gestures or full hand position.
- **Microcontroller** – Low-cost platforms (e.g., Arduino, Raspberry Pi) that process analog resistance changes from flex sensors. Converts them into digital signals for interpretation.
- **Power Supply** – Low-energy sources like rechargeable batteries or small solar panels. Designed for energy efficiency to support long battery life in wearables.

Communication Layer

- **Signal Acquisition** – Microcontroller continuously monitors flex sensors, capturing analog resistance values.
- **Signal Processing** – Algorithms map resistance patterns to gestures by comparing values against predefined thresholds.

- **Gesture Recognition** – Identification of specific gestures (e.g., closed fist, open hand) through pattern matching. Advanced systems may integrate **machine learning** to adapt to user-specific gesture variations.
- **Data Transfer** – Processed gesture data is transmitted internally to trigger actions in connected devices or externally to other systems (e.g., via Bluetooth, wired connections).

Application Layer

- **Healthcare** – Controls prosthetic limbs, assists rehabilitation exercises.
- **Smart Homes** – Gesture-based control of lighting, appliances, or entertainment systems.
- **Gaming** – Enables immersive, controller-free interaction.
- **Assistive Technology** – Provides accessibility solutions for individuals with disabilities by enabling gesture-based device control.

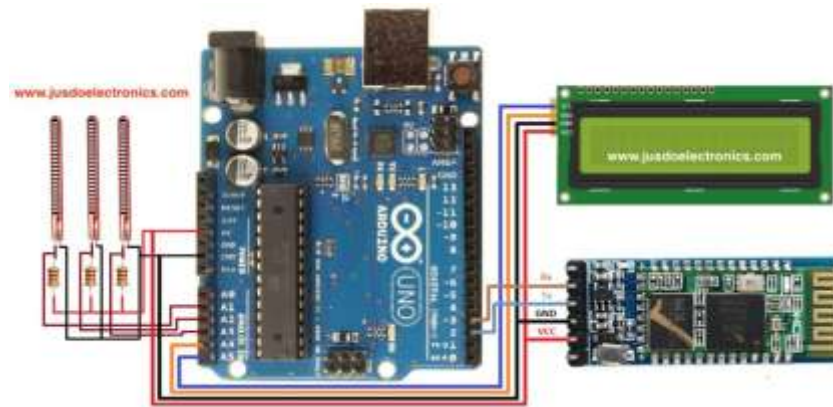


Figure 1: System Architecture Design

CLASS DIAGRAM

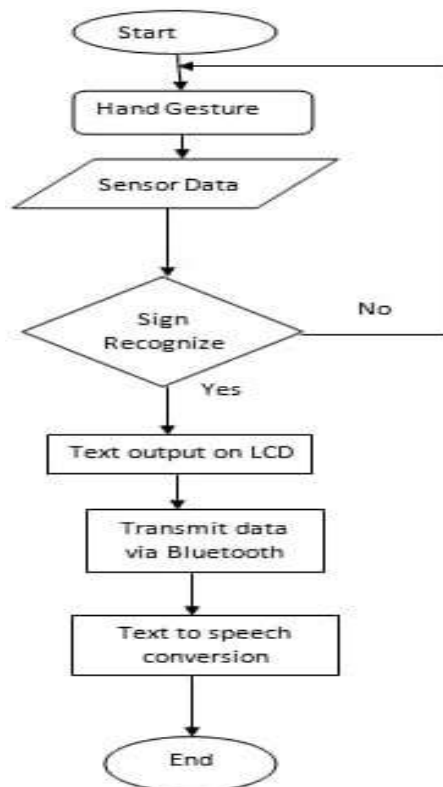


Figure 2: Suggests the Class Diagram of the Designed Model

The system begins with the detection of a hand gesture, which is captured through sensors. These sensors send the collected data to the processing unit, where it is analyzed to recognize the sign. If the sign is recognized, the corresponding text is displayed on an LCD screen. The data is then transmitted via Bluetooth to another device for text-to-speech conversion, enabling the recognized gesture to be output as audible speech. If the sign is not recognized,

the system loops back to continue monitoring for new gestures, ensuring continuous operation.

SEQUENCE DIAGRAM

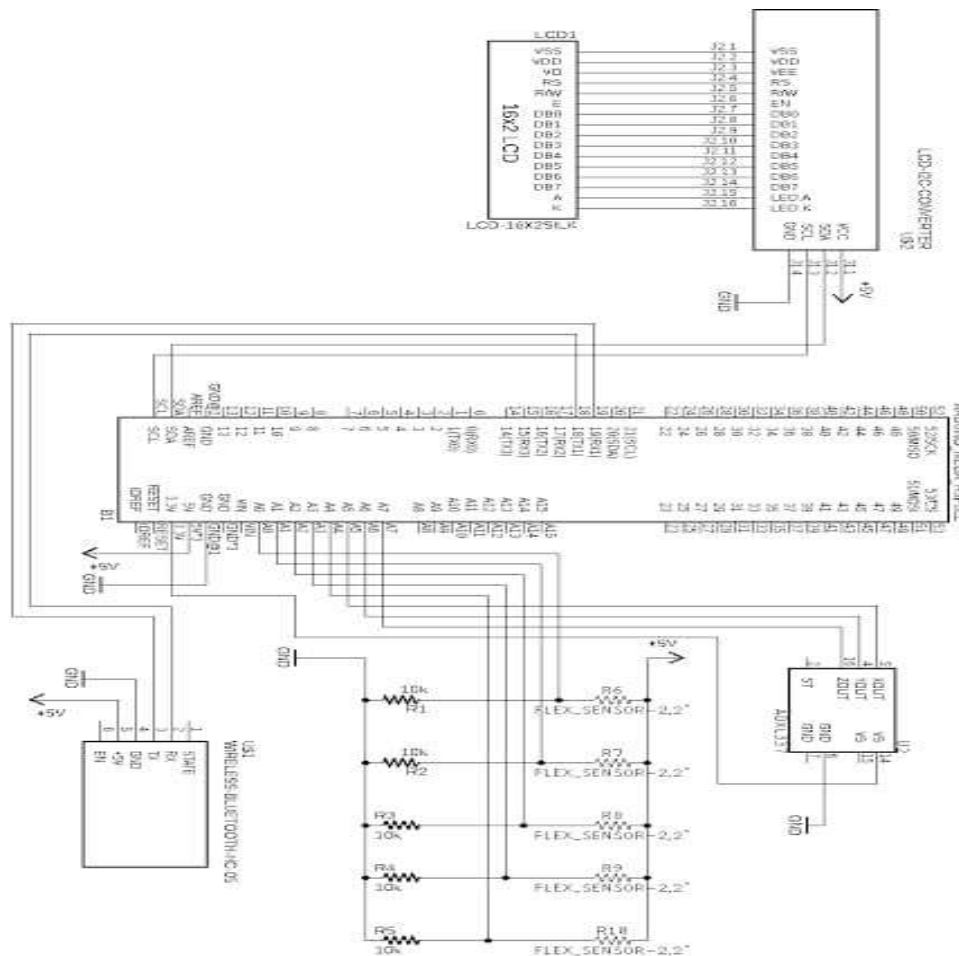


Figure 3: Suggests the Sequence Diagram of Designed Model

The circuit diagram illustrates a flex sensor-based gesture recognition system using an Arduino Mega 2560. Multiple flex sensors are connected through voltage divider networks to the Arduino's analog inputs for detecting hand and finger movements. The Arduino processes this data and outputs results to a 16×2 LCD for visual feedback. A Bluetooth module is integrated for wireless communication, enabling data transmission to external devices. The system is powered by a regulated 5V supply, with all components sharing common ground. This configuration ensures accurate gesture detection, real- time processing, and seamless wireless output.

STATE DIAGRAM

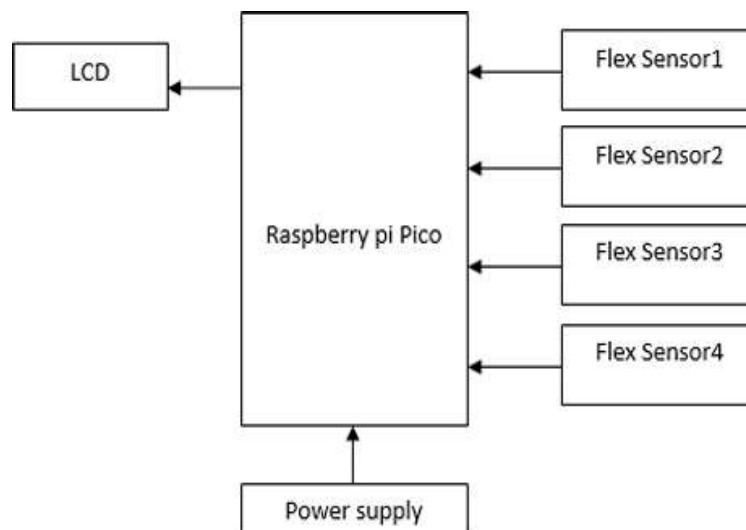


Figure 4: Suggests Figure The State Diagram of Sign to Text Conversion Using Arduino

The proposed system aims to develop an affordable, reliable, and efficient flex-powered gesture detection system that can be seamlessly integrated into a variety of applications, ranging from healthcare (e.g., prosthetics and rehabilitation) to consumer electronics and smart environments. By utilizing flex sensors, the system will accurately detect and interpret hand gestures based on flexion, offering a cost-effective solution for gesture-based control. The proposed system will focus on providing high performance, user adaptability, and versatility for various use cases, while maintaining affordability.

4. RESULTS AND DISCUSSION

The system at the core is designed be cost effective solution and to bridge the communication gap for specially enabled personnel. Though the motto is to be a cost-effective solution, many components can be involved in this to yield an integration of ultimate sensory applications which has the multitude of applications in vast number of fields. The flex sensors must be sensitive enough to detect subtle movements and changes in hand and finger positions, providing precise resistance readings that reflect the degree of bending. Signed languages are not as pervasive a conversational medium as spoken languages due to the history of institutional suppression of the former and the linguistic hegemony of the latter. This has led to a communication barrier between signers and non-signers that could be mitigated by technology-mediated approaches. Here, we show that a wearable sign-to-speech translation system, assisted by machine learning, can accurately translate the hand gestures of American Sign Language into speech. The wearable sign-to-speech translation system is composed of yarn-based stretchable sensor arrays and a wireless printed circuit board, and offers a high sensitivity and fast response time, allowing real-time translation of signs into spoken words to be performed. By analyzing 660 acquired sign language hand gesture recognition patterns, we demonstrate a recognition rate of up to 98.63% and a recognition time of less than 1 s.

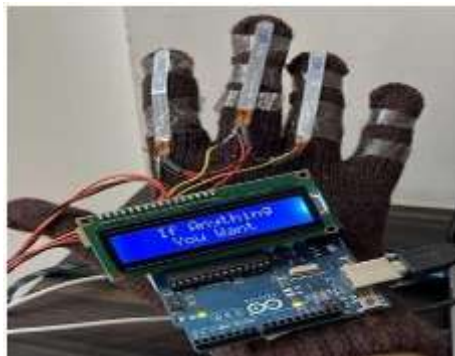


Figure 5: Real time implementation of Sign to Text Conversation Using Arduino

```
#include<stdio.h>
main()
{
    int num1,num2,total;

    num1 = 12;
    num2 = 10;
    total= num1 + num2;

    printf("This pogram does total of two numbers.\n");
    printf("Numbers are %d and %d.\n",num1,num2);
    printf("Total is %d.",total);

}

Output:
This pogram does total of two numbers.
Numbers are 12 and 10.
Total is 22.
```

Figure 6: Serial monitor output

5. CONCLUSION

In conclusion, the low-cost flex-powered gesture detection system offers an innovative and affordable solution for intuitive, gesture-based interaction across a wide range of applications. By utilizing flexible and cost-effective flex

sensors, the system enables real-time, precise detection of hand movements, allowing users to control devices and interact with technology in a natural and accessible manner. The proposed system not only addresses the need for cost-effective solutions in fields like healthcare, where it can assist with prosthetic control and rehabilitation, but also extends its capabilities to smart home automation, gaming, and human-computer interaction. Its modular and scalable design ensures flexibility for customization based on user requirements, while its low power consumption makes it suitable for wearable and portable applications. Ultimately, this system represents a significant advancement in gesture-based technology, Combining Affordability, Versatility, And Practicality For Users In Diverse Domains.

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