

A REVIEW OF LITERATURE ON WOMEN EMPOWERMENT

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ABSTRACT

In a world marked by adversity, women continue to carve out their paths, overcoming numerous challenges to emerge stronger, empowered and more influential than even before. Despite systematic barriers, societal expectations and historical inequalities women have persistently pushed boundaries in all spheres. Women empowerment is an essential societal movement, advocating for equal rights opportunities and representation for women in all spheres of life. It's a multifaceted concept that encompasses various aspects from economic and social empowerment to political participation and education.

Keywords: Women empowerment, Gender based discrimination, Stereotype society

1. INTRODUCTION

One of the most remarkable aspects of women's emergence in the face of adversity is their resilience. From unequal access to education and employment opportunities to facing gender-based discrimination and stereotype, women navigate multifaceted obstacles daily. Yet their resilience shines through as they break barriers challenge stereotypes, and excel in domains once seemed inaccessible.

Education stands as a pillar of empowerment for women. Despite historical disparities women globally are increasingly pursuing education at all levels, defying stereotypes and societal norms. Access to education has been a catalyst for their advancement enabling them to enter diverse fields and compete at the highest levels. In the professional realm women are claiming their positions at the table.

They are leaders, entrepreneurs, scientists, artists and innovators, contributing groundbreaking ideas and experts across industries. The gradual shift in attitudes toward recognizing and valuing women's contributions is slowly reshaping workplace dynamics.

Further, with the advancement of technology it has provided powerful tool for women empowerment. It provides platforms for education, entrepreneurship and networking and creating opportunities previously inaccessible. Digital spaces offer awareness for women to connect, collaborate and showcase their talents fostering a sense of community and support.

Despite this progress, challenges persist gender-based violence unequal pay and underrepresentation in leadership roles remain prevalent issues. Cultural norms and systematic biases continue to impede the full realization of women's potential. However, the trajectory of women's emergence is undeniable. The collective resilience, determination and achievements of women globally serve as testament of their unwavering spirit. As societies evolve and consciousness grows the world witnesses the unstoppable rise of women undeterred by barriers empowered by solidarity and driven the quest for equality.

Empowering women involves breaking down societal barriers that limit their potential. Access to quality education is crucial in this journey, enabling women to acquire knowledge, skills and confidence to pursue their ambitions. Educational empowerment forms a strong foundation for women to thrive in various professions and leading roles. Economic empowerment plays a significant role, ensuring women have access to employment, equal pay and entrepreneurship opportunities.

When women are economically empowered it not only improves their lives but also uplift entire communities and contributes to economic growth. Cultural societal norms often restrict women's freedom and opportunities. Women empowerment strives to challenge these norms, fostering an environment where women can make choices freely, exercise their rights and live without fear of discrimination or violence.

Increasing women's participation in decision making processes and leadership roles is pivotal for societal progress. Empowered women in politics bring diverse perspectives and drive policies that address gender-based issues, creating more inclusive and equitable societies.

Empowering women involves promoting positive and diverse representations in media. Challenging stereotypes and showcasing their achievements and contributions across various fields. Despite significant progress, challenges persist including gender-based violence, unequal pay, limited access to resources and underrepresentation in leadership positions. However ongoing efforts by individuals,

organizations and government globally continue to drive positive change, striving towards a more equitable world.

2. REVIEW OF LITERATURE

Devadas, Lydia; Vighnarajah (2021) Role of English Language as a Literacy Tool in Shaping the Perception of Women's Empowerment. The findings of the study suggested that differences can be observed between male and female participant regarding women empowerment. Female participants were very much aware about importance of English language in enhancing the job opportunities for them.

Kuppuswami, Damodaram; Ferreira, Frances (2022). Gender Equality and Women's Empowerment Capacity Building of Organisations and Individuals. The study done by the researcher proved that the ratio of women's job opportunity has increased and it is not only based on the facilities they have been provided but also on their own positive attitude, skill and improved knowledge.

Al-Shaya, Hessah; Oyaid, Afnan (2021). Effects of E-Learning on Girls' Presence and Empowerment to Access Education. The study revealed that participation of female students were more in compare to male during access to e-learning. Women were more active and they were ready to accept the challenges this has proven the female are more hard working and try to overcome the barriers. They welcome all challenges and always ready to overcome all barriers with their potential and power.

Mahsud, Nasim Khan; Ali, Rabia (2020). Higher Education, Employment Opportunities and Women Empowerment in Pakistan. In Pakistan men are the who has dominated the whole society in such situations it becomes difficult for women to raise and make a position in the society. Although differences can be easily seen in the status of women from past few years they have tried to stand up for themselves. With the facilities of higher education they are in high positions and are rising their status in the society.

Ramaiah, Kollapudi; Nagamani, K.; Latchaiah, P.; Kishore, Mendam (2015). A Review on Dalith Women Empowerment in India. The study has proven that Condition of dalith women is not hidden from the world. Dalith women are more suppressed and face higher level of violence. In this era also they are forbidden from getting their basic education, no decision making rights. They need to be curbed as they are also the part of the society and for the upliftment of society everyone's contribution is needed. So immediate remedies has to be provided to them For their better upliftment.

Bhat, Rouf Ahmad (2015). Role of Education in the Empowerment of Women in India. The findings of the study had proven that the condition of women can be improved only on the basis of education. Education is a major tool which has changed to differences between male and female. Women are nowadays are actively participating in every things and they are trying to stand for themselves. Education has increased the number of women's empowerment.

3. CONCLUSION

Women's empowerment is pivotal step towards societal progress. By granting women equal rights, access to education, healthcare and opportunities we pave the way for a more inclusive and prosperous world. Empowered women uplift families, communities and economic condition of the family. They foster a more balanced and harmonious global landscape. Continued efforts in this direction are essential for achieving true equality and unlocking the full potential of our collective humanity.

4. REFERENCES

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